Control of Nitrogen Export from Watersheds by Headwater Streams


A comparative $^{15}$N-tracer study of nitrogen dynamics in headwater streams from biomes throughout North America demonstrates that streams exert control over nutrient exports to rivers, lakes, and estuaries. The most rapid uptake and transformation of inorganic nitrogen occurred in the smallest streams. Ammonium entering these streams was removed from the water within a few tens to hundreds of meters. Nitrate was also removed from stream water but traveled a distance 5 to 10 times as long, on average, as ammonium. Despite low ammonium concentration in stream water, nitrification rates were high, indicating that small streams are potentially important sources of atmospheric nitrous oxide. During seasons of high biological activity, the reaches of headwater streams typically export downstream less than half of the input of dissolved inorganic nitrogen from their watersheds.

Nitrogen (N) loading of terrestrial and aquatic ecosystems is increasing worldwide as a result of human activities such as fertilizer application, N fixation by legume crops, human and animal waste disposal, and fossil fuel combustion (1). As terrestrial ecosystems become saturated with N (2), excess N moves with surface runoff and groundwater flow to streams, lakes, rivers, and coastal oceans (3, 4). Because streams transport much of this N, quantitative information on N cycling in streams is needed to understand how N loading from watersheds will affect rivers, lakes, and estuaries where N availability can limit primary production (5, 6). Results from this cross-site tracer study of stream N cycling demonstrate how watershed-derived N is processed in stream channels and how these transformations affect the export of N to downstream ecosystems.

Headwater streams convey water and nutrients to larger streams and, despite their relatively small dimensions, play a disproportionately large role in N transformations on the landscape. Small streams (width 10 m or less) often constitute up to 85% of total stream length within a drainage network (7, 8) and collect most of the water and dissolved nutrients from adjacent terrestrial ecosystems. Nitrogen in small streams has been intensively monitored in watershed nutrient budget studies (9–12), and data on N transport in rivers suggest that the smaller streams and rivers are most effective in N processing and retention in large watersheds (13). However, the dynamics of N cycling, within streams, have remained obscure because of a lack of techniques for tracing the fluxes of N at ambient concentrations.

Here, we report on rates of N uptake, storage, regeneration, and export in headwater streams. These processes were assessed via standardized protocols (14) in 12 headwater streams as part of the Lotic Intersite Nitrogen eXperiment (LINX). These streams and their watersheds (i.e., catchments) represent a diversity of biomes throughout the United States [Fig. 1; see Web table 1 (15)].

With only two exceptions, the streams had relatively low inorganic N levels (<10 μg NH₄-N liter⁻¹). Each experiment involved a 6-week continuous tracer-level addition of a stable N isotope as [¹⁵N]NH₄ to each stream (15). Sampling was designed to measure N tracer movement through biotic and abiotic components of each stream during and for several weeks after tracer addition (15).

Cross-site comparison of NH₄ uptake lengths (16) revealed that the distance trac
eled by NH₄ molecules was strongly correlated with stream discharge, even across this wide range of biomasses (Fig. 2). In headwater streams, uptake and removal processes occur mainly on sediments and biofilms covering submerged surfaces. Thus, the shallow depths and high surface-to-volume ratios characteristic of the smaller streams largely account for their short uptake lengths relative to larger streams (17). Most of the variation in uptake length among streams was attributable to differences in physical characteristics such as depth and current velocity, which correlate with discharge. But the residual variation in ammonium uptake length was due to differences in rates of uptake processes.

The mass transfer coefficient $v_p$ (18) is a measure of NH₄ uptake rate, relative to availability in the water, that normalizes for physical effects of varying stream depth and current velocity. LINX streams ranged over only one order of magnitude in $v_p$, from about $0.3 \times 10^{-4}$ to $7.0 \times 10^{-4}$ m s⁻¹ (Fig. 3A). Similarly, the rate of NH₄ uptake (µg m⁻² s⁻¹) varied by an order of magnitude (Fig. 3B). Because the range in discharge among study streams varied over several orders of magnitude while $v_p$ values varied much less as stream size increased, hydrological influences of stream depth and current velocity were the primary determinants of NH₄ uptake length.

NH₄ was removed from stream water primarily through assimilation by photosynthetic (unicellular algae, filamentous algae, and bryophytes) and heterotrophic (bacteria and fungi) organisms and by sorption to sediments (19), and secondarily by nitrification. Nitrification varied widely, from less than 3% of NH₄ removal (southern deciduous forest stream in North Carolina) to 60% (tropical rainforest stream in Puerto Rico) (Fig. 3B) (15). On average, 70 to 80% of NH₄ removal was due to uptake on the stream bottom, and 20 to 30% was due to nitrification. Streams with high nitrification rates tended to have high NO₃ concentrations, which suggests that nitrification in stream channels as well as terrestrial NO₃ inputs affect stream NO₃ concentrations (20).

Nitrate was removed from stream water by biological assimilation and denitrification. The areal rate of NO₃ uptake (µg N m⁻² s⁻¹) in LINX streams was on average about equal to NH₄ uptake (Fig. 3C), even though NO₃ concentrations averaged about an order of magnitude greater than NH₄ concentrations in these streams (Table 1 (15)). Thus, NO₃ molecules traveled on average about 10 times as far as NH₄ molecules.

One day after stopping the ¹⁵N tracer addition, we measured rates of [¹⁵N]NH₄ and [¹⁵N]NO₃ release from the stream bottom at each site to determine how rapidly the ¹⁵N stored on the stream bottom was being returned to the water [i.e., the rate of inorganic N regeneration (15)]. The rate of [¹⁵N]NH₄ plus [¹⁵N]NO₃ regeneration ranged from undetectable to 63% of the prior tracer addition rate (Fig. 3D), indicating that N fluxes from the stream bottom back to the water were also important in determining inorganic N concentrations. Because experiments were done during periods of relatively high biotic activity, excesses of inorganic N removal over regeneration were expected. However, over annual cycles, stream channels do not normally accumulate nutrient or organic matter stocks, and consequently most of the stored N will ultimately be exported as regenerated inorganic, gaseous, or organic N within a period ranging from weeks to several years (21, 22).

The emergent general pattern of N cycling in these headwater streams is summarized in Fig. 4. NH₄ entering the streams is rapidly removed from the water by biological assimilation, sorption, and nitrification. Inputs of NO₃ are removed on average less efficiently. NH₄ concentrations are typically lower than NO₃ concentrations because NO₃ inputs are often higher than NH₄ inputs, NH₄ sorbs more readily to sediments, NH₄ assimilation is energetically preferable to NO₃ assimilation (23), and NH₄ is rapidly nitrified. The NO₃ and NH₄ sequestered as sorbed and organic N on stream bottoms turn over on time scales of weeks to months with a release of important amounts of NH₄ and NO₃ back to the stream water.

Frequently these input and removal pro-
cesses are balanced, such that NH₄ and NO₃ concentrations in streams exhibit only slight variation with distance [but see (24)]. Constant longitudinal concentration profiles have been interpreted to indicate that stream channels are relatively unreactive conduits with nutrient levels determined solely by terrestrial inputs, but our study and others suggest otherwise (13, 21, 22, 25–29). We find that NH₄ and NO₃ concentrations in streams are in dynamic balance, controlled by input, nitrification, biological uptake, sorption, and regeneration.

To illustrate the impact of stream channel processes on inorganic N export from small watersheds, we computed N processing rates measured in LIXN streams (data from Fig. 3) would alter NO₃ and NH₄ concentrations of headwater spring and lateral seepage inputs by the time water in a headwater stream channel passed a monitoring station located 1 km downstream (15) (Fig. 5). We chose input nitrogen concentrations in the spring and in seepage inputs distributed along the entire stream channel of 20 μg N liter⁻¹ for NH₄ and 50 μg N liter⁻¹ for NO₃ (Fig. 5); these values are reasonable considering ambient concentrations in LIXN streams [Web table 1 (15)].

When rates of stream N processing were set to match the average NH₄ and NO₃ kinetics measured in LIXN streams (Fig. 5, scenario 1), the 1-km reach retained 64% of DIN (dissolved inorganic nitrogen; sum of NH₄ and NO₃) inputs from land and exported the remaining 36% downstream. NH₄ and NO₃ concentrations were much reduced at the downstream end of the reach (2.7 and 20.6 μg liter⁻¹, respectively). The higher concentration of NO₃ versus NH₄ at 1 km resulted from a combination of higher NO₃ inputs, production of NO₃ in the stream via nitrification, and the longer uptake distance for NO₃ compared to NH₄.

To illustrate the consequences of the variability in N cycle processes among LIXN streams, we evaluated a series of alternative N processing scenarios consistent with the range of measured uptake, nitrification, and stream bottom regeneration rates. Stream water chemistry at the 1-km monitoring site under all scenarios reflected both DIN concentrations in seepage inputs and changes caused by stream processes. Model scenarios 2 and 3 compared low versus high NH₄ uptake rates (Fig. 5). The measured range of NH₄ uptake rates was relatively small, and thus downstream DIN concentration varied only 6%. However, when NH₄ uptake was arbitrarily set to zero, DIN retention fell to only 5% of inputs (scenario not shown). Changing the nitrification rate from undetectable to the highest measured (scenarios 4 and 5, respectively) increased NO₃ concentration in the stream and increased DIN export by 8%. If NO₃ uptake was set to zero (scenario 6), stream

water NO₃ concentrations were even greater than in seepage inputs due to nitrification, and DIN retention fell to 15%. High NO₃ uptake, on the other hand, resulted in an estimated retention of 87% of DIN inputs (scenario 7). Inorganic N regeneration from the stream bottom varied from below detection to 63% of DIN uptake (Fig. 3D); DIN retention was 72% with zero regeneration and 51% with high regeneration (scenarios 8 and 9). In all scenarios in Fig. 5, NO₃ input concentrations were 2.5 times NH₄ concentrations. Unless NH₄ or NO₃ uptake was unusually low, the model scenarios estimated 60 to 70% retention of DIN inputs. Retention would be even greater if seepage inputs were dominated by NH₄ because of the higher mass transfer coefficients for NH₄ than for NO₃.

Headwater streams retain and transform important amounts of inorganic N, frequently more than 50% of the inputs from their watersheds. It is probable that low to moderate inorganic N inputs to headwater streams will be removed or transformed within minutes to hours and within a few tens to hundreds of meters. In larger streams, the times and distances increase in proportion to depth (13, 17) or discharge (30) (Fig. 2). During transit from uplands to oceans via the stream network, most inorganic N inputs to headwater streams will undergo multiple cycles of uptake, storage, and regeneration, referred to as spiraling (31, 32). Repeated cycles of nitrification, stream bottom N uptake, and regeneration set the stage for NO₃ removal by denitrification and for production of the greenhouse gas N₂O during redox transformations occurring during both nitrification and denitrification processes (33).

As N inputs to streams increase, the capacity of streams to effectively retain and transform nitrogen inputs will be overwhelmed (30) and inorganic N will be transported much farther, with consequent increases in eutrophication of rivers, lakes, and estuaries. The small-size streams may be the most important in regulating water chemistry in large drainage basins because their large surface-to-volume ratios favor rapid N uptake and processing (Fig. 2). Yet small streams are
endangered because they are the most vulnerable to human disturbance, such as diversion, channelization, and elimination in agricultural and urban environments (34). Restoration and preservation of small stream ecosystems should be a central focus of management strategies to ensure maximum N processing in watersheds, which in turn will improve the quality of water delivered to downstream lakes, estuaries, and oceans.

Fig. 4. Conceptual model of DIN dynamics in headwater stream ecosystems. NH₄ and NO₃ enter the stream reach via stream flow and lateral seepage. NH₄ removal is due to uptake by primary producers, bacteria, and fungi plus direct nitrification. Indirect nitrification is the conversion of NH₄ mineralized from organic matter to NO₂. NO₃ removal from the water is primarily via assimilation by biota and denitrification on the channel bottom. Regeneration is the release of NH₄ and NO₃ from the stream bottom back to the water column and is the net result of several interacting processes, including mineralization, indirect nitrification, denitrification, and uptake by organisms. NO₃ and NH₄ remaining in the water are exported downstream.

Fig. 5. Model scenarios of the impact of stream N cycle processes on spring and seepage water chemistry within the first kilometer of flow in a headwater stream (15). The leftmost bar represents the inorganic N composition of groundwater entering the stream via the spring and laterally via seepage along the entire channel length. Remaining bars show predicted stream water chemistry at 1 km from the stream origin for scenarios where NH₄ and NO₃ removal, nitrification, storage, and regeneration rates are constrained to be within the ranges of measured rates in LINX streams. Scenario 1 is based on the mean N process rates measured across all LINX streams. All subsequent scenarios vary only one rate at a time from scenario 1. The percentages associated with each scenario are the calculated retention of inorganic N by the stream ecosystem. Scenarios 2 and 3 compare low versus high NH₄ uptake rate, scenarios 4 and 5 compare low versus high nitrification rate, scenarios 6 and 7 compare zero versus high NO₃ uptake rate, and scenarios 8 and 9 compare low versus high inorganic N regeneration rates.
Tropical Origins for Recent North Atlantic Climate Change

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Evidence is presented that North Atlantic climate change since 1950 is linked to a progressive warming of tropical sea surface temperatures, especially over the Indian and Pacific Oceans. The ocean changes alter the pattern and magnitude of tropical rainfall and atmospheric heating, the atmospheric response to which includes the spatial structure of the North Atlantic Oscillation (NAO). The slow, tropical ocean warming has thus forced a commensurate trend toward one extreme phase of the NAO during the past half-century.

Large changes in the climate of the extratropical North Atlantic have occurred since 1950. Decadal variations, superimposed on a trend, are especially evident in the leading spatial structure of variability in atmospheric pressure (Fig. 1), known as the NAO. The trend toward its positive phase is described by a strengthening of the middle latitude westerly flow with anomalously low (high) pressure over the subpolar (subtropical) North Atlantic from the surface into the stratosphere (1, 2). This change in atmospheric circulation has contributed substantially to the observed surface warming of the Northern Hemisphere (NH) in recent decades (1-3), coherent large-scale changes in precipitation over Europe and the Middle East (1, 2), and important changes in both terrestrial and marine ecosystems (4, 5). Yet in spite of these large impacts, the physical mechanisms that govern these decadal and longer term atmospheric variations are poorly understood. We present evidence that concomitant changes in rainfall and atmospheric heating, associated with the progressive warming of the equatorial oceans, have played a central role in producing the observed climate changes over the North Atlantic.

It is well established that much of the atmospheric circulation variability in the form of the NAO arises from processes internal to the atmosphere. For instance, the observed spatial pattern and amplitude of the NAO (Fig. 1) are typically well simulated in atmospheric general circulation models (AGCMs) forced with fixed climatological annual cycles of solar insolation and sea surface temperature (SST), as well as fixed atmospheric tracer gas composition (6, 7). Such variability exhibits little temporal coherence, and it has been argued that the observed NAO time series cannot be easily distinguished from a random stationary process (8). A possible exception to this interpretation is the strong trend toward the positive index polarity of the NAO over the past 50 years (Fig. 1). Multi-century climate simulations with fixed climatological forcing, for example, do not reproduce North Atlantic interdecadal changes that compare in magnitude to those recently observed (9). One possibility, therefore, is that slow changes in the state of the world oceans are necessary conditions for forcing the North Atlantic atmosphere on these longer time scales.

Evidence for this viewpoint comes from ensemble AGCM experiments where the model is forced with the known global evolution of SST and sea ice concentrations over the past 50 years (10, 11). One example of such a Global Ocean Global Atmosphere (GOGA) result is shown in the lower panel of Fig. 1 (12). It is clear that the low-frequency behavior in the simulated NAO time series, including an overall upward trend, closely resembles the observations. Indeed, the two filtered atmospheric time series (Fig. 1) are significantly correlated at 0.8 (13). This confirms the results of earlier GOGA ensemble experiments performed with different AGCMs and indicates that North Atlantic climate variability is not merely stochastic atmospheric noise, but rather contains a component that is a response to changes in ocean surface temperatures and/or sea ice (10, 11). But what portion of the world oceans is driving the North Atlantic atmosphere?

One working hypothesis has been that the North Atlantic basin itself is the most relevant (10, 14, 15). A key and long-standing issue in this regard, however, has been the extent to which anomalous extratropical SST and upper ocean heat content anomalies feed back to affect the atmosphere. Most evidence suggests this effect is quite small on interannual time scales compared with internal atmospheric variability (16).

Another possibility is that changes in tropical heating force a remote atmospheric response over the North Atlantic that, in turn, drives changes in extratropical SSTs and sea ice. Simple linear regressions between global SSTs and the low-frequency observed and simulated NAO time series during boreal winter suggest the recent North Atlantic climate changes might originate from the tropics (Fig. 2). The regressions reveal a coherent pattern of tropic-wide warm SSTs associated with the positive NAO phase. In fact, the tropical loadings resemble the pattern of SST trend since 1950, the principal feature of which is a warming of Indo-Pacific waters (17).

To isolate the role of changes in tropical SSTs, another ensemble of simulations was performed. In these experiments, the time history of observed SSTs was specified over tropical latitudes (30°S to 30°N) since 1950, but the AGCM was forced by a repeating annual cycle of monthly climatological values of SST and sea ice at higher latitudes (18). These experiments are known as Tropical Ocean Global Atmosphere (TOGA) integrations. The observed wintertime trends in Northern Hemisphere 500 hPa height are contrasted with those from the GOGA and TOGA simulations in Fig. 3.

It is evident that the observed NAO trend is part of a hemisphere-wide change in circulation that is also characterized by lower heights over the central North Pacific and higher heights over western Canada. The GOGA ensemble reproduces the spatial pattern of the trend remarkably well, but perhaps most striking is that